



# PROGRAMME





## SSISA SCHOOLS SPORT SUMMIT 2017

24-25 MARCH 2017

**DAY ONE: FRIDAY 24 MARCH**

**#SCHOOLSSPORTSUMMIT2017**

8:20	REGISTRATION - Foyer (Coffee and tea on arrival)		
9:00	Welcome	Dr Phatho Zondi	CEO - SSISA
9:10	The role of school sport in my career	Jean de Villiers	Former Springbok Rugby Captain
9:45	Developing school sport in a limited setting - how many and which sports?	Bradley Keller	Educator and Director of Sport - Sun Valley
10:30	Growing sport in a private school setting	Hamish George and Henco Bormann	Curro Schools
11:05	TEA BREAK		
11:30	Growing school sport in an under resourced setting	Angus Duffett and Dianne Morgan	Silikamva High School Principals
12:10	The business of school sports:	Stephan Jordaan, Gustaf Pienaar, Trevor Smith, Golie Gouws	Chair: Ebrahim Moerat
13:00	LUNCH		
14:00	Phys Ed in the real world school	Ismail Teladia	Western Cape Education Department
14:35	Conditioning secrets for schools	Ayden Smith	SSISA Biokineticist
15:15	How can federations & schools partner to optimize school sport and transformation	Niels Momberg (Cricket SA) and Hans Scriba (SA Rugby)	Chair: Justin Durandt (SSISA)
15:45	Shifting from old-school to modern-day coaching	Paddy Upton	Coach, leader, high performer
16:15	CLOSING - DAY 1		



## SSISA SCHOOLS SPORT SUMMIT 2017

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DAY TWO: SATURDAY 25 MARCH #SCHOOLSSPORTSUMMIT2017

8:30	REGISTRATION - Foyer (Coffee and tea on arrival)		
9:00	School sport - An international perspective	Trevor Smith	Head of Multi-sport Skill Development – Aspire Academy – Qatar
9:45	Practical injury management in school sport	Rashaad Jakoet	SSISA Physiotherapist
10:15	TEA BREAK		
10:35	Early vs Late Specialisation	Justin Durandt	SSISA High Performance Manager
	Drug-Free Sport session:		
11:05		Dr Amanda Claassen-Smithers	Drug-Free Sport (SAIDS) Education Manager
11:15	Does size matter?	Sarah Chantler	SSISA Dietician
11:40	Testing positive – what can we learn?	Monde Hadebe	Former Sharks Rugby Player
12:00	Big Time Sports: High Performance school sport	Richard Visage	Deputy Headmaster & Head of Sport, Paarl Boys
12:30	The role of school sport in my career	Zanele Mdogana	Former Captain of the SA Netball team
12:55	Using the power of sport as a tool for social change	Healthnutz and Coolplay	Laureus Sport for good
13:15	CLOSING - DAY 2		

### SUMMIT PARTNERS:



# Speakers



## DR PHATHO ZONDI

Dr Zondi, Managing Director for the Sports Science Institute of South Africa, is a Sports Medicine Physician experienced in general management and medical strategy. She currently serves as President for the South African Sports Medicine Association, and on the medical advisory committee for the South African Sports Confederation and Olympic Committee (SAS-COC). She is an aspiring ultra-distance triathlete and the proud mother of a beautiful baby girl.



## JEAN DE VILLIERS

Jean is a former Springbok Rugby Captain. De Villiers has played professional rugby for Western Province, the Stormers, Leicester Tigers and South Africa, for whom he was named captain in June 2012. A product of Paarl Gimnasium, Jean made his test debut against France in 2002 and he would go on to play 109 test matches for South Africa. He also has the honour of being the 54th Springbok captain and leading the national team in 37 tests. Jean is a true sporting hero and ambassador for South Africa.



## BRADLEY KELLER

Brad is a passionate, energetic educator who has been in the teaching profession for the past 9 years. Coming from a long line of teachers, education has been a part of Brad's life since the day he was born. After achieving his B. Ed through UNISA, Brad went on to become Director of Sport at Sun Valley Group of Schools. A keen sportsman himself, Brad has taken Sport at Sun Valley from being virtually non-existent to being a top co-ed sport school in the Southern Suburbs.



## HAMISH GEORGE

Hamish has always worked with children in the area of development. He is passionate about the development of hockey at youth level. He believes that sport is a medium of education that can increase mental capacity and discipline in youth. He is currently head of hockey of District North.



## ANGUS DUFFETT

Angus is the founding principal of Silikamva High School in Hout Bay serving the community of Imizamo Yethu since its establishment in 2013. Prior to that he was a school leader at the Leap Science and Maths Schools particularly the school associated with Gugulethu and Crossroads. Angus completed a Masters in International Development at London University while living in the UK for six years. He completed his own schooling in Cape Town and attended UCT before spending 4 years teaching at a southern suburbs boys' school. He is a husband and father to three children all of whom love cricket, running and the outdoors.



## DIANNE MORGAN

As Deputy Principal at Silikamva High School, Dianne values the holistic development of the child. She believes sport participation is an integral part of this education. Promoting life-long learning, physical activity at a competitive or recreational level is certainly a focus. Personal involvement as an athlete, coach, manager and administrator of sport from grass roots to National Competitive level has prepared her for this. Dianne is a teacher of History and serves her community as Chairperson of School Softball in the Western Cape and executive member of South Africa School Softball.



### STEPHAN JORDAAN

Stephan, a qualified teacher, started at Paul Roos Gymnasium as a Sports Manager in 2008. He is currently the Head of Sports at the school as well as the Head of Rugby. He was also responsible for the coaching of the school's rugby team in from 2008-2012.



### TREVOR SMITH

Trevor is currently the Head of Multi-sport Skill Development at the Aspire Academy in Qatar. Trevor's extensive work in sports and physical education development spans over thirty years and includes public, private and voluntary sector projects including the National Physical Education and School Sport strategy in England as well as school sport development projects in South Africa, Zambia, Kurdistan and Georgia. He also led school sport coaching on behalf of a Premier League football club and the development and delivery of two London 2012 Legacy participation programmes.



### EBRAHIM MOERAT

Ebrahim is managing director at O2 Sports and consults to numerous schools and sports institutions for the development of programmes, events and production of equipment & apparel. He was head of sport at Groote Schuur High School for six years and a former Director of two sports academies. He is the current Director of Rangers Rugby Club and has coached the WP Rugby U18 Academy team. Ebrahim has been involved in sport in numerous capacities, from editor and writer for Club Newlands Magazine and rugby365.com as well sports presenter on a local radio station. As a former Rugby player, he represented W.P Schools to U21 as well as South Africa at U21 level at the IRB Junior World Cup, England in 2003. Ebrahim has a BA Sport Management, English (UWC), Education (UNISA) and Sports Law qualifications (UCT).



### ISMAIL TELADIA

Ismail is currently head of Life Orientation for the Western Cape Education Department. He has vast experience in education as a former teacher and has been actively involved with sport as an administrator for 32 years. He has served as President SA Schools Volleyball Association, Commissioner – Confederation of School Sport Associations of Southern Africa, Codes coordinator W.Cape School Sport Organisation. His qualifications include: BA, B.Ed, M.Ed (UWC)



### GOLIE GOUWS

Golie is currently the Principal of Table View Primary School where he was appointed since January of 2014. Table View is a government primary school that consist of 1 500 learners from the Western Cape. He was a deputy principal of a private school - SAHETI for 6 years before he moved down to Cape Town. He has a love for sport and coached the Lions under 18 Craven week side for 5 years as well as the SA Schools team for 2 years. He is a firm believer that the life lessons taught in sport, should be part of the integral holistic development of each child.



### GUSTAF PIENAAR

Gustaf has been involved in education since 1990 during which time he coached and managed many different teams ranging from 6th to 1st Teams from several sporting codes. Since he joined Rondebosch, he was also Master in Charge of Rugby and Cricket. In 2014 he was promoted to the position of Deputy Headmaster with his main portfolio being Head of Extra-Curricular, of which Sport forms a major part.



# Speakers



## AYDEN SMITH

Ayden completed his Biokinetics degree at the University of the Free State in 2014, and has since been practicing at the SSISA. He has a passion for preventing and rehabilitating sports injuries, as well as improving athlete performance in school sport.



## NIELS MOMBERG

Niels Momberg has worked in cricket since 1994. First at the Boland Cricket Board and since 1998 at Cricket South Africa in various roles. Niels is currently the Manager for Youth and Tertiary Cricket. He studied politics at University of Stellenbosch and Business Management at WITS. Niels is married and has two boys at King Edward VII School in Johannesburg.



## HANS SCRIBA

Hans matriculated at Outeniqua HS and obtained a B.Sc Honours at the University of Stellenbosch in 1989. He played provincial Rugby (WP and Sharks), Tennis and Cricket (SWD). A Maths and Geography Teacher in 1991 – 1992, Hans was appointed Rugby Development Manager at KZN Rugby Union from 1992 to 2001. From 2001 – 2013 he was Managing Director of The Sharks Academy in Durban. Since 2014, Hans has been in the position of Manager: Academies at SA Rugby.



## SARAH CHANTLER

Sarah is a registered dietitian with a Masters in Exercise Science. She works as an associate for the practice of Shelly Meltzer and Associates who are based at the Sports Science Institute of South Africa. She works with athletes of all ages and levels and is dedicated to the pursuit of optimal performance.



## PADDY UPTON

Paddy Upton has successfully coached a variety of elite sport and business teams and individuals to take their game to even greater heights. He helped facilitate two international cricket teams to the world's number 1 ranking; won a Cricket World Cup; led one bottom-of-the-log professional cricket team (Rajasthan Royals in the Indian Premier League) to Champions League finalists in one 10-week season; and another (Sydney Thunder) from the bottom of the log to become Australian Big Bash League Championship winners in 2016. He is currently Head Coach of three professional T20 cricket teams in three of the World's Premier T20 cricket leagues, in India (IPL), Dubai (PSL) and Australia (BBL).



## RASHAAD JAKOET

Rashaad is a physio based at the Sports Science Institute of South Africa with a Bsc (Physiotherapy) and an MPhil (Exercise and Sports Physiotherapy). He has had the opportunity to have worked with a number of professional clubs and sportsmen including Ajax Cape Town, Santos (Football) and the Cape Cobras (cricket). He has also worked with a number of the national rugby development teams including SA schools and emerging 7's teams. Rashaad is also a level 2 judo coach.



## MONDE HADEBE

Monde matriculated at Westville Boys High in 2008 and has a Bcom in Supply Chain Operations Management. He represented the Sharks at U19 and U21 (captain) level from 2009 – 2011 and a Junior Springboks. In 2011 Monde captained the Sharks Vodacom Cup team and between 2012 and 2016 made 28 appearances for the Sharks Currie Cup Rugby team. He also represented the Sharks at Super Rugby Level. Currently Monde is the owner of Pride Sport Holistic Development, a Sport Consulting Business.



### **DR AMANDA CLAASSEN-SMITHERS**

Amanda is a registered dietitian with a PhD in Exercise Science from ESSM, UCT. She has 20 years' experience working in a variety of settings: consulting to elite-level athletes and teams such as provincial and national rugby and soccer teams. She was formerly Head of Science & Innovation at Virgin Active, and is currently the Education & Research Manager at SAIDS. She also remains involved in research and lecturing (UCT and Stellenbosch University).



### **ZANELE MDODANA**

Zanele Mdodana is a former South African national netball team captain. Zanele, who has captained both the South African U20 and senior Protea teams, has a wealth of experience courtesy of her 85 caps for the national side. Zanele has great influence with young people, thanks to her impressive achievements. She urges young girls to prioritise their education, keep participating in sport and to strive to achieve their dreams and goals. She is currently the coach of the Maties Netball team.



### **JUSTIN DURANDT**

Justin Durandt is currently the Business Manager for the education and training department at the Sport Science Institute of South Africa. Justin has had the privilege of being the conditioning specialist for the South African national Cricket, Soccer, Hockey and Olympic team. In addition he has trained (conditioning) the Western Province Currie Cup rugby team and the SA U19 rugby team at three world cups. Justin is currently completing a PHD in talent identification and development at the MRC/UCT Research unit for Exercise Science and Sports Medicine at the University of Cape Town. His research interests include talent identification, development and performance. He has published several sport specific papers related to cricket, soccer, rugby and Hockey.



### **RICHARD VISAGIE**

Richard is currently the Deputy Headmaster Paarl Boys High School. 2017 will mark the 40th year he will be at the school. Richard is Deputy Chairman WP Schools Rugby Association and Head of Department at Paarl Boys High where he also oversees fundraising and discipline.



### **HENCO BORNMANN**

Henco is the Current Director of Cricket at Curro Durbanville, He has played professionally both in South Africa and the united Kingdom. Henco played for Free State as well as Boland and has been coaching cricket and rugby for 20 years.



# Notes



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